



WHAT'S ON AT THE MET

SEPTEMBER & OCTOBER 2023
UNIVERSITY SQUARE

**Events & activities
for all the family.**



VisitPreston

To book a ticket for an event, go to
[visitpreston.com](https://www.visitpreston.com)



SEPTEMBER

Fri 1 Sep, 5 - 9pm

Welcome To The Man Cave

// FREE

To raise awareness and challenge the stigma of men accessing support. Drop in for some food, a chat and have a game of pool or Fifa with some like-minded blokes.

Drop-ins welcome, no booking required.

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Sun 3 Sep, 11am & 1.30pm

Squirrel Walnutkins Saves

the Planet // £1

Full of interactive elements, and designed specifically to engage SEN audiences and primary years, this show will be fun for both adults and kids.

Booking required.

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Tue 5 Sep, 6 - 7pm (age 18+)

The Preston Pledge Through the Ages // FREE

After a short introduction to pledges and how they've changed in nearly two centuries, you can design your own, using examples from our UCLan archives.

Booking required.

Thur 7 Sep, 4.30 - 7.30pm

YouCOUNT National Workshop

// FREE

On behalf of the Centre for Citizenship and Community and the UK team for YouCOUNT, we have the pleasure of inviting you to an exciting national research workshop to share the findings and key messages from a citizen social science project on social inclusion and young people.

YouCOUNT, a hands-on Youth Citizen Social Science project funded by Horizon 2020, aimed to address one of Europe's most pressing challenges: How to increase social inclusion for young people by bringing together young people and relevant stakeholders to co-create new knowledge and innovations.

Booking required.

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Fri 8 Sep, 10am - 2.30pm (age 0-5)

Super Soft Play // FREE

Bring the little ones and enjoy a full day of safe play and a chance to make some new friends.

Drop-ins welcome, no booking required.

To book a ticket for an event, go to [visitpreston.com](https://www.visitpreston.com)



SEPTEMBER

Fri 8 Sep, 8 - 9pm (doors at 7.30pm)

The Sound Of Musicals // £4

Create Theatre brings you a magical evening of Musical Theatre. Showcasing the best of Preston's talent, performing your favourite songs from London's West End.

This truly memorable evening includes numbers from a variety of the worlds biggest musicals from Wicked to SIX, Hamilton to Les Miserables and many more! Create Theatre are a local theatre company based in Preston City Centre run by local industry professionals.

Booking required.

Sun 10 Sep, 1.30 - 3.30pm (doors at 1pm)

Peter Pan // £1

Have you ever heard of Neverland? How about Peter Pan or the dreaded Captain Hook? Join Wendy as she ventures away from the comfort of her bedroom, Nana the dog and the Darling family to go to Neverland with Peter Pan for this one off show.

After the show, from 2.30 - 3.30pm, create hats and crocodile clocks with Strive 2 Thrive Lancashire CIC.

Booking required.

Mon 11 Sep, 1 - 3pm (age 12+)

Creative Crafts // FREE

Whether you're interested in card making or crochet, or you want to develop your sewing machine skills - this is the session for you.

All materials are provided but you are welcome to bring your own sewing machine.

Drop-ins welcome, no booking required.

Tue 12 Sep, 6 - 7pm

**Making Yourself at Home
in a New Place // FREE**

An interactive lecture and workshop looking into prehistoric migration, people and objects. The session will include an opportunity to have a go at prehistoric pottery making so please come prepared to get a little bit messy!

Booking required.

Wed 13 Sep, 10am - 12 noon (age 16+)

Confectionary Making // FREE

Learn to make sugar paste teddybears, flowers and decorations to bring a celebration cake to life.

Booking required.

To book a ticket for an event, go to [visitpreston.com](https://www.visitpreston.com)



ENCOUNTER FESTIVAL

SEPTEMBER

Fri 15 Sep, 8 - 10pm *(doors at 7.30pm)*

The Lighter Jams

// £5 adult/£4 child

An off-shoot from popular reggae band Jeremiah Ferrari, Ryan and Chris pride themselves on bringing the most energetic and entertaining live show possible. Playing soul, pop, rock and reggae covers, they perform with tonnes of passion and charisma. **Booking required.**

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Sat 16 Sep, 11am & 12 noon

Baby Boo // FREE

Our wide variety of carefully chosen materials create interactive opportunities that enhance and encourage brain development and experimental learning for babies.

Drop-ins welcome, no booking required.

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Sat 16 Sep, 1.30 - 2.15pm

Dance Syndrome

// £2/£1 concession

All Dance Syndrome sessions are disability led, with people with learning disabilities taking visible Dance Leader roles to inspire people to see what can be achieved when we all become more inclusive.

Booking required.

Sat 16 Sep, 2.30 - 3.15pm

Jazz Swing Dance

// £2/£1 concession

Get ready to swing into action and join us for a Jazz Swing Dance workshop! Whether you're a seasoned dancer or a complete novice, this workshop caters to all skill levels.

Booking required.

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Sat 16 Sep, 3.30 - 4.15pm

Swati Dance Company

// £2/£1 concession

Swati Dance Company's philosophy is creation and propagation of the Indian classical dance form of Bharatanatyam through excellence in practice. Swati Dance Company aims to make the Indian classical dance form of Bharatanatyam more accessible to wider audiences in the Northwest of England and beyond.

Booking required.

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Sat 16 Sep, 4.30 - 5.30pm

Preston Beats Drum Circle // FREE

Come and drum for joy at this energising workshop. Fun for all the family, no experience required.

Booking required.

To book a ticket for an event, go to visitpreston.com



SEPTEMBER

Sun 17 Sep, 10am - 12 noon *(age 6-10)*

Nerf Party // FREE

The ultimate Nerf Gun experience for children! All equipment is provided.

Booking required.

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Tue 19 Sep, 10am - 3pm

**Preston Partner Network
Collaborative // FREE**

Bringing together all the fantastic organisations across Preston to create opportunities for collaboration. Organised by Preson Wellfest, Preston Community Network, Preson Youth Forum and many more.

Booking required from 10am - 1pm.

Drop-ins welcome from 1 - 3pm.

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Fri 22 Sep, 8pm *(doors at 7.30pm)*

After the Flags and Bands // £4

Preston Drama Club presents a one act play that follows the stories of four women between 1914 and 1918.

Booking required.

Sat 23 Sep, 1 - 5pm *(age 12+)*

Usual Suspects // FREE

Usual Suspects are a UK-based music group known for their dynamic blend of rap, hip hop, r&b and garage. With a sound that's both edgy and soulful, this group has been making waves in the underground music scene.

Booking required.

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Sun 24 Sep, 1.30 - 3.30pm

**Unmasked - The Science of
Superheroes // £1**

Join Dr Sarita Robinson as she explores superhero elements based on her book chapter, The Psychology of Superheroes. Followed by superhero mask making with Strive 2 Thrive Lancashire CIC.

Booking required.

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Sat 30 Sep, 7.30 - 10pm

**The Best of the Best of Preston
// £4**

Four singer songwriters from Preston; Liam Green, Matthew Richards, Aaron McMullan and Millicent Weaver.

Booking required.

To book a ticket for an event, go to [visitpreston.com](https://www.visitpreston.com)



OCTOBER

Sun 1 Oct, 1 - 10pm

WINDFest of Music, Art and Culture // FREE

We are bringing the Windrush Caribbean cultures together under one roof. Poets, singers, street artists and homegrown artists from the Preston Community. If you have the talents we want you to show it to Preston, with a carnival vibe and an African feel.

Drop-ins welcome, no booking required.

Mon 2 Oct, 4.30 - 8.30pm

Black History Month: Preston History for Young People // FREE

Connecting community members from all generations to share stories, experiences and the amazing contributions of black culture in Preston.

Drop-ins welcome, no booking required.

Tue 3 Oct, 10am - 3.30pm (age 18+)

Cyber Crime/Security Awareness // FREE

A series of workshops to help with personal cyber crime and security. Access to cyber experts to provide specific help and advice.

Booking required.

Wed 4 & Thur 5 Oct, 10am - 10pm

(age 18+)

Diverse, Inclusive, Creative // FREE

UCLan School of Arts & Media showcase student and staff work to demonstrate our commitment to diversity beyond the classroom.

Drop-ins welcome, no booking required.

Fri 6 Oct, 10am - 3pm (age 18+)

Tell my Story // FREE

Preston community members, whose first language is not English, tell their stories, and share their experiences and opinions.

Drop-ins welcome, no booking required.

Fri 6 Oct, 5.30 - 7.30pm (age 18+)

Animation Viewing // FREE

An event to showcase the work of Barry Purves, an Oscar nominated animator.

Booking required.

Sat 7 Oct, 5 - 7pm

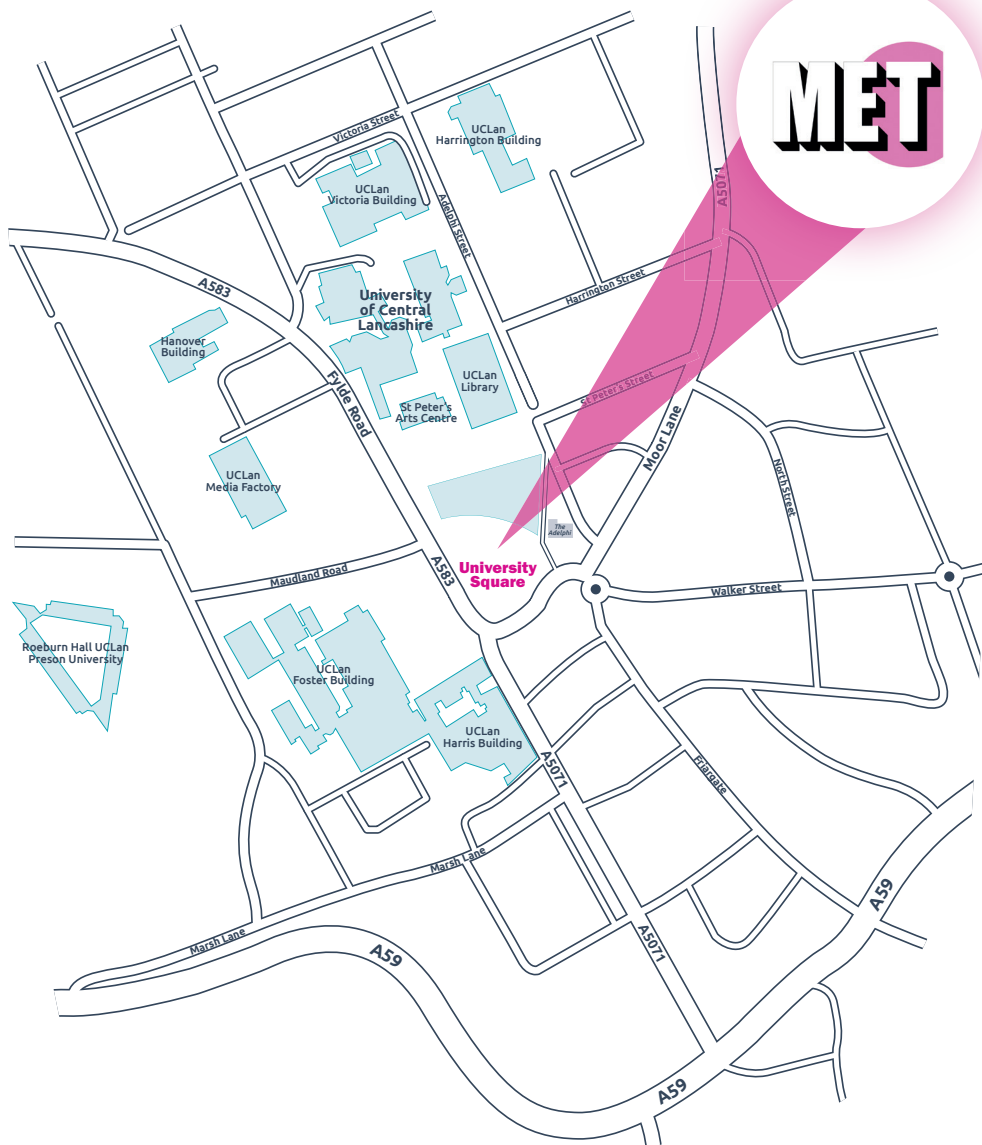
Dance Scratch Night // FREE

Join us for an evening of performances and sharing of best practice by local dance artists.

Booking required.

To book a ticket for an event, go to [visitpreston.com](https://www.visitpreston.com)

MET LOCATION MAP



FIND US AT UNIVERSITY SQUARE
43 Fylde Road, Preston PR1 7DP

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Scan the **QR code** to book
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